

ISO 45001 2018 TRANSLATED INTO PLAIN ENGLISH

6. PLANNING

6.1 FORMULATE ACTIONS TO ADDRESS YOUR ORGANIZATION'S RISKS AND OPPORTUNITIES

6.1.1 PLAN THE ESTABLISHMENT AND DOCUMENTATION OF YOUR OHSMS

1	Plan the establishment of your organization's OHSMS.	DO	DN	NA	
2	Plan the development of your organization's OHSMS.	DO	DN	NA	
3	Consider what you need to do to achieve intended outcomes.	DO	DN	NA	
4	Figure out what you need to do to give assurance that the OHSMS will be able to achieve intended outcomes.	DO	DN	NA	
5	Figure out what you need to do to prevent or reduce any undesired effects that your OHSMS could cause.	DO	DN	NA	
6	Figure out what you need to do to ensure that your OHSMS can and will be continually improved.	DO	DN	NA	
7	Think about what could influence OHSMS performance.	DO	DN	NA	
8	Consider how your context could influence the OHSMS.	DO	DN	NA	See section 4.1, above.
9	Consider how external issues could influence your OHSMS.	DO	DN	NA	
10	Consider how internal issues could influence your OHSMS.	DO	DN	NA	
11	Consider how your requirements could influence the OHSMS.	DO	DN	NA	See section 6.1.3, below.
12	Consider how legal requirements could influence the performance of your OHSMS.	DO	DN	NA	
13	Consider how other requirements could influence the performance of your OHSMS.	DO	DN	NA	
14	Consider how your interested parties could influence the OHSMS.	DO	DN	NA	See section 4.2, above.
15	Consider how worker requirements could influence your OHSMS.	DO	DN	NA	
16	Consider how interested party requirements could influence your OHSMS.	DO	DN	NA	
17	Consider how your risks and opportunities could influence the OHSMS.	DO	DN	NA	

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18	Consider the risks that could influence the performance of your OHSMS.	DO	DN	NA	See section 6.1.2.2, below.
19	Consider how OH&S risks could influence the performance of your OHSMS.	DO	DN	NA	
20	Consider how other risks could influence the performance of your OHSMS.	DO	DN	NA	
21	Consider the opportunities that could influence the performance of your OHSMS.	DO	DN	NA	See section 6.1.2.3, below.
22	Consider how OH&S opportunities could influence the performance of your OHSMS.	DO	DN	NA	
23	Consider how other opportunities could influence the performance of your OHSMS.	DO	DN	NA	
24	Consider how your hazards could influence the OHSMS.	DO	DN	NA	See section 6.1.2.1, below.
25	Consider how your scope could influence the OHSMS.	DO	DN	NA	See section 4.3, above.
26	Plan the modification of your organization's OHSMS.	DO	DN	NA	
27	Identify the risks and opportunities that emerge when changes are being considered.	DO	DN	NA	
28	Identify the risks and opportunities associated with changes in your organization.	DO	DN	NA	
29	Identify the risks and opportunities associated with changes in your OHSMS.	DO	DN	NA	
30	Identify the risks and opportunities associated with changes in your processes.	DO	DN	NA	
31	Assess the risks and opportunities that emerge when changes are being considered.	DO	DN	NA	
32	Assess risks and opportunities when planned changes are being considered.	DO	DN	NA	
33	Assess risks and opportunities before planned changes are implemented.	DO	DN	NA	See section 8.1.3, below.
34	Assess the risks and opportunities associated with planned changes in your organization.	DO	DN	NA	
35	Assess the risks and opportunities associated with planned changes in your OHSMS.	DO	DN	NA	
36	Assess the risks and opportunities associated with planned changes in your processes.	DO	DN	NA	
37	Assess risks and opportunities when unplanned changes have occurred.	DO	DN	NA	
38	Assess risks and opportunities after unplanned changes are implemented.	DO	DN	NA	

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39	Assess risks and opportunities associated with unplanned changes in your organization.	DO	DN	NA	
40	Assess the risks and opportunities associated with unplanned changes in OHSMS.	DO	DN	NA	
41	Assess the risks and opportunities associated with unplanned changes in processes.	DO	DN	NA	
42	Establish and Maintain OHSMS documents and records.	DO	DN	NA	<p>Try to minimize the amount and complexity of your organization's OH&S documentation. Your documents and records should help you to manage and control risks and hazards as efficiently and effectively as possible. If it doesn't, you may wish to reconsider your approach to documentation.</p> <p>Your documentation does not have to follow any particular format in order to comply with ISO 45001. Nor do you need to write an OH&S manual.</p> <p>Also see sections 6.1.2, 6.1.3, and 6.1.4 below.</p>
43	Document the OH&S risks and opportunities that need to be addressed.	DO	DN	NA	
44	Document the processes and actions needed to plan and manage your OHSMS.	DO	DN	NA	
45	Document processes and actions needed to address incidents and hazards.	DO	DN	NA	
46	Document processes and actions needed to address risks and opportunities.	DO	DN	NA	
47	Document processes and actions needed to address emergency situations.	DO	DN	NA	
48	Document processes and actions needed to address legal requirements.	DO	DN	NA	
49	Document processes and actions needed to address other requirements.	DO	DN	NA	

6.1.2 IDENTIFY YOUR HAZARDS AND ASSESS OH&S RISKS AND OPPORTUNITIES

6.1.2.1 DEVELOP A PROCESS TO IDENTIFY YOUR ORGANIZATION'S HAZARDS

50	Establish a hazard identification process.	DO	DN	NA	
51	Establish a way to identify existing hazards.	DO	DN	NA	
52	Establish a way to identify hazards related to people.	DO	DN	NA	
53	Establish a way to identify hazards related to human factors.	DO	DN	NA	
54	Establish a way to identify hazards related to human capabilities.	DO	DN	NA	
55	Establish a way to identify hazards related to human shortcomings.	DO	DN	NA	
56	Establish a way to identify hazards related to human errors and mistakes.	DO	DN	NA	
57	Establish a way to identify hazards related to human attitudes.	DO	DN	NA	

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58	Establish a way to identify hazards related to the attitude workers have.	DO	DN	NA
59	Establish a way to identify hazards related to the attitude onsite workers have.	DO	DN	NA
60	Establish a way to identify hazards related to the attitude offsite workers have.	DO	DN	NA
61	Establish a way to identify hazards related to the attitude managers have.	DO	DN	NA
62	Establish a way to identify hazards related to the attitude visitors have.	DO	DN	NA
63	Establish a way to identify hazards related to the attitude suppliers have.	DO	DN	NA
64	Establish a way to identify hazards related to the attitude contractors have.	DO	DN	NA
65	Establish a way to identify hazards related to the attitude community members have.	DO	DN	NA
66	Establish a way to identify hazards related to human behaviors.	DO	DN	NA
67	Establish a way to identify hazards related to how workers behave.	DO	DN	NA
68	Establish a way to identify hazards related to how onsite workers behave.	DO	DN	NA
69	Establish a way to identify hazards related to how offsite workers behave.	DO	DN	NA
70	Establish a way to identify hazards related to how managers behave.	DO	DN	NA
71	Establish a way to identify hazards related to how visitors behave.	DO	DN	NA
72	Establish a way to identify hazards related to how suppliers behave.	DO	DN	NA
73	Establish a way to identify hazards related to how contractors behave.	DO	DN	NA
74	Establish a way to identify hazards related to how community members behave.	DO	DN	NA
75	Establish a way to identify hazards related to social factors.	DO	DN	NA
76	Consider the influence of work load and working hours.	DO	DN	NA
77	Consider the influence of bullying and harassment.	DO	DN	NA
78	Establish a way to identify hazards related to cultural factors.	DO	DN	NA

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79	Establish a way to identify hazards related to the values workers have.	DO	DN	NA
80	Establish a way to identify hazards related to the values managers have.	DO	DN	NA
81	Establish a way to identify hazards related to work.	DO	DN	NA
82	Establish a way to identify hazards related to the work place.	DO	DN	NA
83	Establish a way to identify hazards related to work activities.	DO	DN	NA
84	Establish a way to identify hazards related to how work is performed.	DO	DN	NA
85	Establish a way to identify hazards related to routine work activities.	DO	DN	NA
86	Establish a way to identify hazards related to non-routine work activities.	DO	DN	NA
87	Establish a way to identify hazards related how work is organized.	DO	DN	NA
88	Establish a way to identify hazards related to how work areas are designed.	DO	DN	NA
89	Establish a way to identify hazards related to how areas are maintained.	DO	DN	NA
90	Establish a way to identify hazards related to how work environments are organized.	DO	DN	NA
91	Establish a way to identify hazards related to how environments are maintained.	DO	DN	NA
92	Establish a way to identify hazards related to incidents.	DO	DN	NA
93	Establish a way to identify hazards related to internal incidents.	DO	DN	NA
94	Establish a way to identify hazards related to external incidents.	DO	DN	NA
95	Establish a way to identify hazards related to emergencies.	DO	DN	NA
96	Establish a way to identify hazards related to previous emergencies.	DO	DN	NA
97	Establish a way to identify hazards related to potential emergencies.	DO	DN	NA
98	Establish a way to identify hazards related to processes.	DO	DN	NA
99	Establish a way to identify hazards related to operating processes.	DO	DN	NA

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100	Establish a way to identify hazards related to how processes are performed.	DO	DN	NA
101	Establish a way to identify hazards related to how processes are maintained.	DO	DN	NA
102	Establish a way to identify hazards related to how processes are designed.	DO	DN	NA
103	Establish a way to identify hazards related to how operating processes are designed.	DO	DN	NA
104	Establish a way to identify hazards related to how operating procedures are designed.	DO	DN	NA
105	Establish a way to identify hazards related to products.	DO	DN	NA
106	Establish a way to identify hazards related to product design.	DO	DN	NA
107	Establish a way to identify hazards related to product testing.	DO	DN	NA
108	Establish a way to identify hazards related to product research.	DO	DN	NA
109	Establish a way to identify hazards related to product development.	DO	DN	NA
110	Establish a way to identify hazards related to product construction.	DO	DN	NA
111	Establish a way to identify hazards related to product maintenance.	DO	DN	NA
112	Establish a way to identify hazards related to product production.	DO	DN	NA
113	Establish a way to identify hazards related to product assembly.	DO	DN	NA
114	Establish a way to identify hazards related to product delivery.	DO	DN	NA
115	Establish a way to identify hazards related to product disposal.	DO	DN	NA
116	Establish a way to identify hazards related to services.	DO	DN	NA
117	Etcetera ...			
<p>Now that you've seen a sample of our approach, please consider purchasing our complete ISO 45001 2018 Translated into Plain English (Title 65). If you purchase our Plain English standard, you'll find that it's integrated, detailed, exhaustive, and easy to understand. We guarantee it. Title 65 comes in both MS Word and pdf file formats.</p>				

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